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List of medication

General

The list may not be comprehensive, and if it is unknown whether a specific drug may pose a risk, the treating medical doctor should be consulted. The list excludes allergic reactions to medicine as well as non-scheduled medication. Some of the medications may not require a prescription. It excludes alcohol, supplements, illicit drugs and health products.

1. Vestibulotoxic medication - High risk

- a. Aminoglycosides (Gentamicin, Tobramycin, Dibekacin, Streptidine)
- b. Chemotherapeutic drugs
 - i. Platinum-based such as cisplatin, carboplatin and oxaliplatin
 - ii. Vincristine
 - iii. Nitrogen mustard

2. Vestibulotoxic medication - Low risk, temporary or uncertain

- a. Ototoxic aminoglycosides (Kanamycin, Neomycin and Amikacin)
- b. Loop diuretics (Bumetanide, Furosemide and Etacrynic acid)
- c. Aspirin
- d. Non-steroidal anti-inflammatories (NSAIDs)
- e. Anti-malarials such as Quinine and Quinine based derivatives
- f. Antibiotics ending on “-mycin” or “-micin”
- g. Blood thinners

3. Medication that may lead to falls

- a. Anti-hypertensives
- b. Anti-epileptics
- c. Sedatives
- d. Benzodiazepines
- e. Anti-histamines
- f. Anxiolytics
- g. Anti-psychotics

4. Exposure to vestibulotoxic chemicals and solvents

- a. Toluene
- b. Styrene
- c. Xylene
- d. Trichloroethylene
- e. Ethyl benzene

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- f. Metals and compounds (mercury, lead and germanium dioxide)
- g. Others

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